DANISH MARITIME AUTHORITY

Table of fluids			
Time	**Fluid intake**	**Time**	**Fluid output**
			Evaporation: 1000ml
Total fluid intake per 24 hours		Total fluid output per 24 hours	1000

NOTE: Include 1000 ml. body evaporation per day
In case of fever, the evaporation is increased by 300 ml per degree above 37 degrees
(see Medical guide for Seafarers page 26)